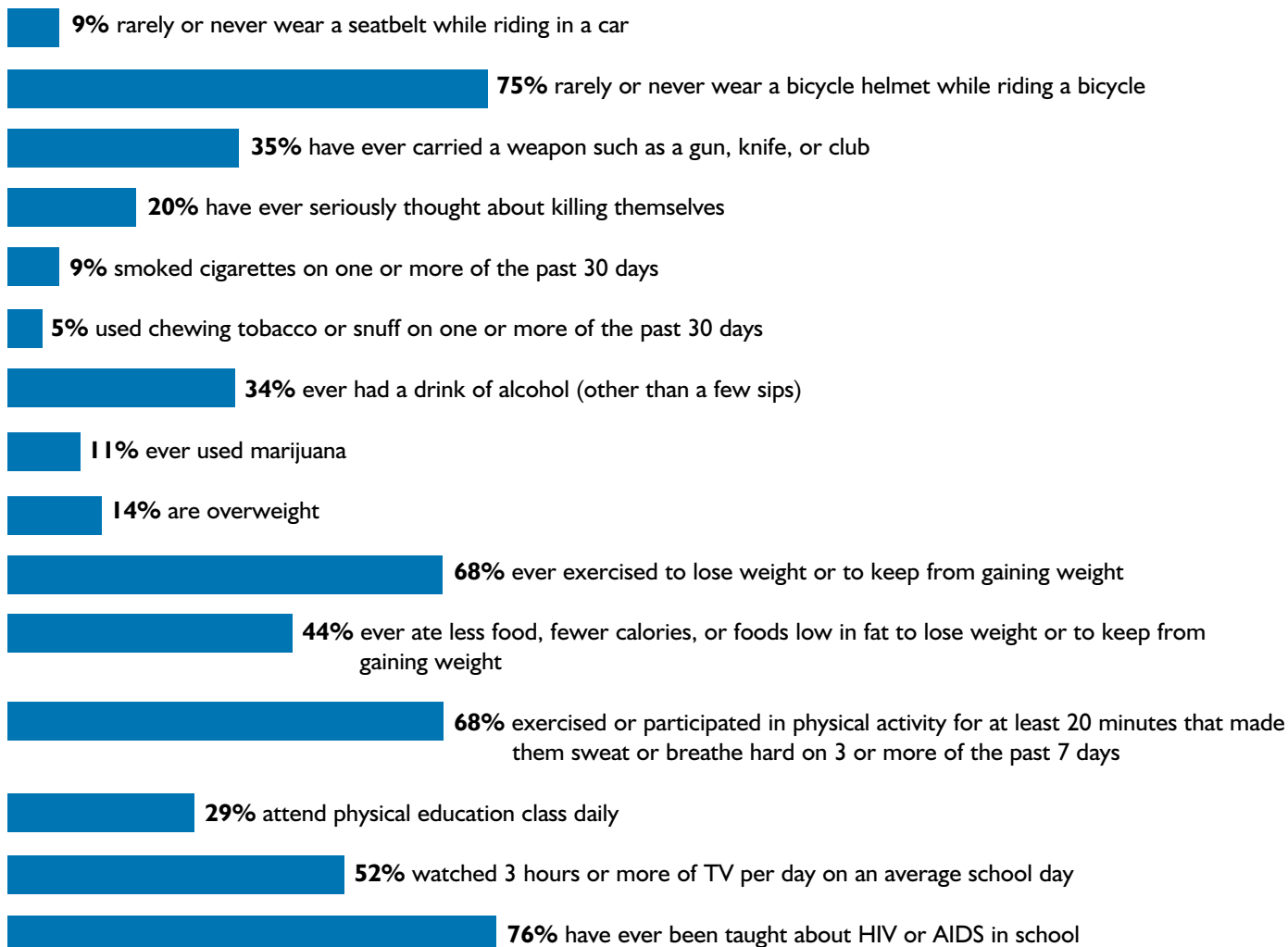




2003 Georgia Student Health Survey Report

In an effort to monitor and prioritize health-risk behavior that puts Georgia's youth at-risk for the leading causes of morbidity, mortality, and social problems, the Georgia Department of Human Resources, Division of Public Health, in collaboration with the Department of Education conducted the 2003 Georgia Student Health Survey (GSHS) among a random sample of public middle schools and high schools, statewide. A total of 2,195 middle school students and 2,066 high school students participated in the survey. Topics covered in the GSHS include unintentional injuries and violence; tobacco use; alcohol and other drug use; dietary behaviors; and physical activity. By monitoring these behaviors, Georgia can assess the overall progress of programs and policies to reduce the percentage of youth who are at-risk for developing what are, by and large, preventable health problems.

Among Georgia Middle School Students. . .



Among Georgia High School Students. . .



NOTE: The presence of a happy face indicates that Georgia youth are doing significantly better than youth across the Nation. The presence of an unhappy face indicates that Georgia youth are doing significantly worse than youth across the Nation.

* Current physical activity recommendations are 30 minutes 5 days a week (moderate physical activity) or 20 minutes 3 days a week (vigorous physical activity)